

# LONG EATON 50 PLUS FORUM

## NEWSLETTER

Spring 2014 ISSUE

Editor Ian Neill

Report on our March 2014 Open Forum Meeting  
held at 10:15 am on March 10<sup>th</sup> at the Long Eaton Town Hall .  
Theme Long Eaton and Fighting Drugs

Website [www.lead50plus.com](http://www.lead50plus.com)

Open Forum Dates for your diary :- September 8<sup>th</sup>  
& December 8<sup>th</sup> 2014



### **CHAIR'S REPORT** **April 2014**

With Spring now well under way as I write, I'm pleased to report plenty of growth on our 50plus Forum. Our membership continues to grow and our computer and astronomy courses are well supported. The March Open Forum reported below was another packed meeting with good speakers and excellent questions. After the meeting, I was very grateful to be able to assemble a small group of members who took the trouble to make some good points concerning the proposed changes at The Green in Long Eaton. I have included their views with other shots taken earlier in the morning to make a You Tube video. You can view this by typing Long Eaton Forum into the search bar on You Tube. I guess we'll be making more of these .. why not get involved!

Big thanks to Ian Neill for a wonderful coach trip on Thursday April 3<sup>rd</sup> to the charming city of Cambridge. Next trip: a steam railway ride in Bronte Country .. don't miss out .. we'd like to fill 2 coaches .

Our monthly astronomy sessions at Long Eaton School will continue to the end of Spring and then restart in September. Contact [petewearn@hotmail.com](mailto:petewearn@hotmail.com) if you'd like to try a session with us.



### **NEXT MEETING**

June 9<sup>TH</sup> 2014

10:15 TO 12:00 AM  
TOWN HALL LONG EATON

**Speakers Peter Fox Long Eaton History World War 1**  
**HS2 Speaker Freda Jesudason**  
**AGM**

Theme Long Eaton Old and New

### **IN THIS ISSUE**

Page 1	Chair's Report
Page 2	Chair's Report part 2
Page 2	Tim Parkin, Derbyshire Alert
Page 2	David Potts, Service Manager – Derbyshire County, Phoenix Futures
Page 3	Pete Wearn, Community Member on Steering Group for Long Eaton Townscape Heritage Initiative.
Page 4	Editor's note on Letter to Editor
Page 4	<b>Derbyshire Alert Scam 1</b>
Page 5	Letters to the editor
Page 6	Charity Club News
Page 6	Travel Club trip to Cambridge
Page 7	Travel Club News Next trip
Page 7	<b>Derbyshire Alert Scam 2</b>
Page 8	Lap it up & Astro sessions
Page 8	Free Email courses
Page 8	Computer Courses

**THE VIEWS EXPRESSED IN THE NEWSLETTER ARE THOSE OF THE CONTRIBUTORS AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE FORUM**

### CHAIR'S REPORT CONTINUED

We do have a shortage of help during our very busy Open Forums. If you attend regularly and would be happy to help with refreshments etc, please see our Vice Chair Roy Smith who will soon find you a job! Also if there is anyone out there who has computer skills and some spare time, we are always looking for help at our drop-in sessions and computer courses . Its rewarding work. See Ann Bennett or Roy Smith or e-mail [longeaton50plus@yahoo.co.uk](mailto:longeaton50plus@yahoo.co.uk)

### Speakers:

#### 1<sup>st</sup> Speaker -

Tim Parkin, Derbyshire Alert

Derbyshire Alert is an online, secure two-way flow, community messaging service that allows the force to circulate information in a timely manner to keep recipients informed of incidents / crimes in their neighbourhood.

The scheme disseminate real time messages to over 24,000 recipients force wide

- Householders
- Businesses – shops, manufacturing, banks, taxis, forecourts, pubs etc.
- Schools
- Farms
- Hospitals
- Neighbourhood Watch Co-ordinators
- Councillors
- Old people / young people
- Minority groups
- Interest groups – fishing, cycling, golfing, gardeners etc.

- General messages

#### General messages

- Good news like arrests, convictions or other police successes for reassurance
- Crime prevention advice to help prevent and reduce crime
- Scams, e.g. Internet or phone scams
- SNPT meeting invitations

To circulate real time messages relating to:

- Vulnerable missing persons (update sent when missing persons located)
- Distraction burglaries to protect vulnerable people
- Burglaries, thefts, crimes
- Door to door sellers
- Shoplifter alerts
- Suspicious vehicles
- Suspicious activities, e.g. ringing the changes
- Scrap metal vehicles

#### General messages

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#### 2<sup>nd</sup> Speaker –

David Potts, Service Manager – Derbyshire County, Phoenix Futures

Phoenix Futures brings positive change in the lives of individuals, families and communities affected by substance misuse. We reduce the impact of drug and alcohol related harm and enable our service users to rebuild their lives. Our purpose is achieved through the skills and dedication of our staff.

David talked to us briefly about the valuable work his group are doing in our area to help rehabilitate people with a substance misuse problem to overcome their addiction. Their work covers a wide range from heroin addiction to the growing use of legal highs. Their meeting with clients, usually in 1:1 counselling, include visits to Long Eaton Medical Centre as well as Prison Outreach Work. It was encouraging that 5 out of 7 don't go back into treatment. The work saves money for the community and some clients definitely put back into the community. David made the offer for a visit from members of the forum if there was a group interested in this work.

## NEWSLETTER

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Spring 2014 ISSUE

Page 3

Editor Ian Neill

Contact Pete Wearn initially. There were many questions:

Q1: Does the problem extend to over 50's?

A: Yes. There is an ageing heroin addiction group and David has dealt with a 66 year-old with a 14 month old habit.

Q2: How do clients get to meet with Phoenix staff?

A: The majority self-refer. Some are referred by GPs, police, hospitals or relatives. The service is advertised in GP surgeries. One keyworker will be assigned to initially assess each case.

Q3: How is the service funded?

A: It is a national charity operating from London to Scotland with some public money input.

Q4: Can you tell us more about Head Shops?

A: These are shops on the high street (e.g. Reefer in Chesterfield) which sell legal highs. In David's view, these drugs are dangerous and can cause horrific problems. They change frequently and at that change we don't know what chemicals they contain.

Q5: Do prisons cause offenders to start on drugs?

A: Yes but since 1994 there has been drug testing in prisons. Prisons do continue treatment where someone is on a programme when convicted.

Q6: Is it easier to get drugs over the Internet?

A: Yes... many countries involved eg Spain, Poland, and Pakistan.

Q6: How are drugs getting into prisons?

A: Many ways including being thrown over the fence!

**3rd Speaker:**

**Pete Wearn, Community Member on Steering Group for Long Eaton Townscape Heritage Initiative.**

**This was given by Pete as Francesca could not make the meeting.**

Pete showed a Power Point Presentation passed on by the THI Project Officer, Francesca Machin.

The THI is a grant project from the Heritage Lottery Fund with additional funding from Erewash Borough Council & Derbyshire Economic Partnership. It had a 5 year delivery 2008-2013 in Long Eaton and oversaw grant aided work to private property, managed improvements to public spaces, gave financial & technical support for building work and tried to engage the local community in the town's heritage. It aimed to preserve and restore heritage assets, assist economic regeneration, reinforce local identity, invest in neglected historic buildings, improve the appearance of Long Eaton and increase residents' pride in their area.

In 2008, the problems to be addressed were poorly maintained historic buildings, use of inappropriate materials, loss of architectural features, poorly designed shop fronts & advertisements, vacant upper floors and poor quality streetscape.

The local community were involved by the formation of a Steering Group to include 3 community members who would meet regularly to vet grant applications. Also THI organised very successful School Heritage Days, Heritage Learning Days including one with the 50plus Forum, public exhibitions and celebration events. In summary achievements of the scheme have been grants of £1,623,715 offered, 25 projects delivered, 21 buildings altered, 2 public spaces improved, 5 vacant buildings brought back into use, 28 school education days and 718 young people involved in education days and finally 2 maintenance awareness events.

The 2 public space improvements were Lime Grove and The Market Place.

The success of the scheme will hopefully lead to more such positive projects in the future



Lime Grove, after



Long Eaton THI Steering Group

### Editor's Note to Letter from Hilary Down on Page 5

When I was chair of Petersham Community Forum, before it was closed by the council, there was a meeting with the post office on this very point.

Firstly you are wrong the address is Nottingham, not Nottingham, Nottinghamshire.

The reason given for this is that if you put Long Eaton Derby, the letter will first go to Derby they will send it to Nottingham who will then deliver it. It will be delayed by a day.

The reason for not changing it to a Derby Post code was given as cost, but since then my sister's postcode has changed from a Liverpool postcode to one from Chester. All that happened was that the LV xx became CH44, the second part was unchanged.

## DERBYSHIRE ALERT

### SCAMS

These are scam alerts from Derbyshire Police for the elderly.

Police are warning people about a scam where fraudsters are ringing residents to con them into handing over all the money in their bank accounts.

Recently a 78-year-old Sinfin woman received a phone call from a man who claimed to be a Metropolitan police officer. He said he had arrested a man on suspicion of trying to use her bank card and needed cash from her bank account for fingerprinting.

The woman withdrew her money and sent it, as instructed, by taxi to an address in Leicester. The bogus police officer rang her again the next day and persuaded her to send him more money from another account.

It was only when she discussed it with her sister that she realised she'd been duped.

Detective Constable Chris Bond, of Derbyshire Constabulary, said: "People who con the elderly are despicable criminals. We are seeing more and more of this type of crime where vulnerable residents are tricked into handing over their life savings.

"Some older people tend to trust strangers who approach them either on the doorstep or on the phone but I'm urging them to be wary of any contact they have from people they don't know.

"A police officer would never contact a victim in this way and ask for money to be sent to them. Neither would a bank employee ask for card details over the phone if they ring to talk about fraudulent activity on a bank card.

"People should also never respond to anyone who rings them to report a fault with their computer."

Anyone who feels they have been the victim of any similar scam should contact Action Fraud on 0300 123 2040.

I agree with you and many others that it would be better in many cases that we were aligned with Derby. Many decisions are based on the fact we have closer links with Nottingham rather than Derby, but I feel that for the prosperity of Derbyshire as a whole it would help develop the area if we had a Derby postcode. But there are others who want to foster the links with Nottingham.

Footnote: it could be Derby promoted to the premier league not Nottingham

### *Letters to the Editor*

Reply to the letter printed in the Winter 2013 edition from Phillip Wright and Chris Corbett.

#### Facts for Consideration

1. Cost of recycling - £990,000.00 per annum
2. Income from recycling - £757,000 per annum
3. Net cost £233,000.00 per annum
4. Cost of recycling per 49,000 household £4.76 per household
5. Approximately 9,900 tonnes per annum or .2 tonnes per household
6. Income £47.40 per tonne DCC recycling credit, £28.84 per tonne from recycling contractor (£75.24 per tonne)
7. Current contractor is FCC limited but we deliver our materials to Casepak - who are subcontractors to FCC.
8. To introduce "onboard weighing" the council would have to
  - a) Install on board weighing systems
  - b) Either
    - i) Apply bar codes on every bin and install bar codes scanner system
    - ii) Retrofit or purchase new bins with rfid chips installed
  - c) with a weighing system every bin would have to be presented to the machine or bags would have to be emptied into a slave bin and individually presented - a loss of efficiency in the collection rounds but could be offset by efficiencies in the refuse collection service.
  - d) The system would require administration assuming one person full time £25,000.00
9. Estimated costs -
  - a) Weighing System - 15 to 18,000 per vehicle @ £15,000.00 = £75,000.00 for the 5 vehicles
  - b) Rfid chips £1.00 per bin - 49,000 bins - £49,000.00
  - c) Admin costs - £25,000.00

- d) Assuming 5 year life span of all equipment = "59,800 per annum
- e) At £76.24 per tonne income the council would have to increase tonnage by 1047 tonnes per annum just to break even

As the council scheme is currently quite well supported, it is hard to imagine that such a scheme would deliver considerable benefits to residents, for instance an increase in 2,000 tonnes would only net each resident £1.48 after running costs

Conversely residents who do not produce a lot of waste but recycle it all would lose out to larger families who proportionally recycle less! To address that we would have to weigh residual waste as well - doubling running costs.

#### Letter from Ms Hilary Down

I was born On Derby City Hospital in 1951, I have lived in Long Eaton Derbyshire. All my life. Therefore can you try to find out why it is that our Addresses for our Borough comes under Nottingham, Nottinghamshire. I accept we all must have the postal code. But well are not Governed by either Nottingham council or that of Broxtowe. Nor do we come under the protection of the Nottingham's Police or that of their Coroner. But we do come under Derbyshire Constabulary the Coroner and the Derbyshire County Council and the only thing that does cover both counties is the NHS. I have had only for the last month taken this problem up with a Mr Massimo Pignataro who deals with YOUR addresses for our area. & Royal Mail who are blaming one another for this ongoing mess. Can you PLEASE organise something town get them town one of YOUR meetings to find out how many other residents in our town who are unhappy that it is addressed as Nottingham.

#### Editor's Note

There is not enough space to make my notes here so please see the bottom of page 4

### CHARITY ADS.

#### **PARKLANDS STROKE CLUB**

##### **HAVE YOU OR SOMEBODY YOU KNOW HAD A STROKE**

Why not come along to Parklands Stroke club.  
We meet every second Friday, starting on the 7<sup>th</sup>  
of November, from 2:00 PM to 4:00 PM  
Where? At Petersham Hall

Contact:- Pat on 0115 972 2389

#### **LONG EATON AND DISTRICT INVALID CLUB**

Meets every second Tuesday of the month at  
Sawley Memorial Hall.

Come along and join us  
We run 3 coach trips per year  
Pick up points are too numerous to mention but  
there will be one near you,

#### **LONG EATON ALL MEDIA AND ARTS GROUP**

Meets every Thursday evening from 7.00 PM  
until 9:00 PM at Petersham Hall  
Contact *Colin Bourne on 01158 490 048*  
All Welcome

#### **LONG EATON INDIAN ASSOCIATION**

Meets every Monday (except bank holidays) from  
12:00 until 3:00 PM  
United Reformed Church, the Green, Long Eaton  
Chair based exercise lunch and social  
£5.00 per month  
All welcome

### TRAVEL CLUB

#### **TRIP TO CAMBRIDGE**

There was a big demand for the trip to  
Cambridge so we had to put on a second  
coach. 92 members went on the trip.  
Groups went punting, walked around the town  
and had afternoon tea at Aunty's tea rooms.



### **NEXT TRIP** TRAVEL CLUB NEWS

**Keighley and Worth Valley  
Steam Train to Bronte Country and  
where the Railway Children was filmed**

**Date 26<sup>th</sup> June 2014**

**Price £ 20.00**

**Includes cost of train**

**Pick up points:-**

**Petersham Hall**

**ASDA Bus stop**

**Long Eaton Railway Station**

**West Park Leisure Centre**

**If we have two coaches this time, one will not arrive until 9:15 so if the numbers are similar to last time I may have to have one coach doing Petersham Hall and ASDA the other doing the Railway Station and West Park.**

**The Plan is to go to Keighley Station for the 12:10 PM Train to Haworth arriving at 12:28.**

**Haworth**

**Shop & Toilets**

**Level Access**

**Locomotive Works with Viewing & Picnic Area**

**It is also where there is a footpath to Bronte Parsonage Museum.**

**Then there is a choice, you can get the 15:38 to Oxenhope, staying on the train and returning to Keighley arriving at 16:35 or getting on at Haworth at 16:17 direct to Keighley.**

**This will give you about an hour before the bus leaves for Long Eaton.**

**CONTACT INFORMATION for trips**

**Phone :- 0115 972 6057**

**Email [trips@ianconsult.co.uk](mailto:trips@ianconsult.co.uk)**

**Post:**

**50 Plus**

**10 Pennine Close**

**Long Eaton**

**NG10 4JT**

### **DERBYSHIRE ALERT**

#### **SCAMS 2**

Telephone cold callers claiming that they can remove virus's from your computer

The Police & Trading Standards have received a number of reports about a business cold-calling by telephoning and offering computer virus checks & updates within the Long Eaton area. The traders give the patter that they can remove viruses from the computer and would the person that has received the call open their computer so that the company has access to it. Consumers are advised to think very carefully before accepting services by telephone. On one occasion bank details were given and a total of £100 was taken from an account, the owner of the computer actually had a virus checker fitted that stated that there were no viruses in the first place.

Reputable companies do not usually advertise for business by calling you by telephone or carrying out home visits uninvited only if you ask them to. They'll also explain your consumer rights which rogue traders will not do.

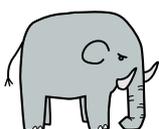
If goods or services cost you more than £35 you have cancellation rights to end the contract within seven-days. If you're not given a written notice explaining your cancellation rights the contract is unenforceable. The trader is committing a criminal offence and you do not have to pay. If you have a complaint about such an issue you can call Citizen's Advice Consumer Advice Service on 08454 04 05 06

Derbyshire Trading Standards Service can help you find honest and reliable traders with our Trusted Trader scheme. All the businesses who sign up with us have been checked out by our trading standards team so you know you'll be in safe hands.

**Attendance 106 Members and 8 visitors**

**Raffle made £42.50 Thanks to Jenny who ran it and all those who contributed, both financially and prizes.**

**The food box gave 6 bags to the Hailing trust.**



### LAP IT UP SESSIONS

Get help using your laptop with the help of our friendly forum advisers. All free to members.

The sessions are all at Parklands connections between Stanhope Street and Leopold Street starting at 10:00 AM Refreshments are provided. Sessions end at 12:00

Next Sessions are:- May 30, Jun 27, Jul 25, Aug 29

Also do not forget our Astronomy sessions  
Astronomy Beginners Course started on October 2nd

Continuing Astronomy on Beginners May 7<sup>th</sup>, June 4<sup>th</sup>

Continuing: February 19<sup>th</sup>, March 26<sup>th</sup>.

All sessions start at 7.45 PM at Observatory Building, Long Eaton School, Thoresby Road starting at 7.45 PM .. all welcome!

For Details Contact Pete Wearn at :-

petewearn@hotmail.com

**FREE**  
**1 DAY WORKSHOP**  
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**Make Monet Work**  
**Contact them by calling**  
**0115 9 300 199**

### **FREE COMPUTING FOR THE ABSOLUTE BEGINNER**

EVERY MONDAY MORNING FROM 10:00 -  
12:00 AM

COME ALONG TO THE LIBRARY AND FIND  
OUT HOW A COMPUTER CAN HELP YOU

### **COMPUTER COURSES** **AT LONG EATON LIBRARY**

Thursdays from 1:00 to 3:00 PM  
Courses last for 5 weeks

These courses are run by Ann Bennett for the  
benefit of 50 plus members

Courses are:-

Basic IT

Word Continued

Places are limited to 5 per course.

Please contact Ann Bennett to add your name to  
the list or to ask about courses

0115 972 3448

### **Your Views**

In future editions we propose to have  
a letters page so send you views to  
50plus@ianconsult.co.uk

or

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NG10 4JT