

LONG EATON 50 PLUS FORUM

NEWSLETTER

Autumn 2016 ISSUE

Editor Ian Neill

Report on our September 2016 Open Forum Meeting

held at 10:15 am on September 12th at the Long Eaton Town

Website www.lead50plus.com



CHAIR'S REPORT

Our forum continues to flourish with your support. We had a good attendance for the visit of our Police & Crime Commissioner in September and an enjoyable trip to Bury and the East Lancashire Railway. We had some great photos of the latter kindly supplied by David Pinney and David Farley which I have included in my latest website update at www.lead50plus.com. Remember you can also download some help sheets for iPads and tablets from the site. If there is enough interest, I am very happy to run a short course on these areas and indeed the management committee is considering an application for a grant for this. The forum has a place at the Town Summit Meetings held by the council for local community groups. We meet 3 times a year to hear updates from the council and local groups and to express our views. Let me know if there are any burning issues you would like me to raise at these very useful meetings.

The Heritage Lottery Fund has awarded us a generous grant towards our Toton Sidings Remembered Project. This will last 18 months and we will be looking to collect memories and would also appreciate the loan of any old photos or artefacts members may be willing to loan for the museum exhibition next summer.



NEXT MEETING

December 12TH 2016

10:15 TO 12:00 Noon
TOWN HALL LONG EATON

Speakers [Pat Adcock WAVE](#)
[Mike Beedham Chair Chatsworth Centre](#)

Theme Wellbeing

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[FOOD BANK BOX WILL BE AVAILABLE](#)

[Attendance 101 Members and 6 visitors](#)
[Raffle made £64.10 Thanks to Jenny who ran it and all those who contributed, both financially and prizes.](#)

THE VIEWS EXPRESSED IN THE NEWSLETTER ARE THOSE OF THE CONTRIBUTORS AND DO NOT NECESSARILY REFLECT THE VIEWS OF THE FORUM

Speaker – Hardyal Singh Dhindsa, Police & Crime Commissioner for Derbyshire.

Hardyal explained that he had been the Deputy Commissioner during the appointment of Alan Charles. He was proud, humbled and pleased to be appointed himself in this year's election and had taken over the position on 5th May.

His presentation:

He hopes to build on the work of Alan Charles, Continue to hold public scrutiny meetings, has made a commitment to visit every town and village in Derbyshire and has put Neighbourhood Policing is at the heart of his plan.

The Role of the PCC is:

- To hold the Chief Constable to account
- To set the force budget and council tax precept
- Regularly talk to our communities
- Commission services of partners to deliver community safety services
- Set and update the Police and Crime Plan

The Police and Crime plans have been updated.

- The draft plan was launched on August 24th
- It is a 5 year plan from 2016 to 2021
- The pledges & promises are clearly outlined
- The plan contains 7 Strategic objectives
- With partnership working at the heart

The Strategic Objectives are:

1. Working to keep the most vulnerable in our communities safe from crime and harm and supporting those who unfortunately find themselves a victim of crime.
2. Working to provide strong and effective partnership working
3. Working to tackle the impact of drugs and alcohol on communities

4. Supporting those with mental health issues, including those with learning difficulties, who come into contact with the Criminal Justice System, as victim or offender, to get the right support, from the right agencies at the right time.
5. Working with young people, including those who have been either victims of crime or offenders, to understand their needs and prevent them becoming involved in criminal activities
6. Working with the Constabulary to develop the policing family to be more representative of the diverse communities it serves
7. Working with the Constabulary and partners to maximise the opportunities from developments in technology.

Hardyal wants to ensure communities are put first 'The police are the public and the public are the police' – he will do this by:

Working to improve residents' quality of life by tackling:

Crime and disorder & Anti-Social Behaviour (funds are in place to help victims of anti-social behaviour)

Working in partnership with other agencies to tackle issues such as
Road safety & Parking

The way forward:

The joint Derbyshire Constabulary and Derbyshire Fire & Rescue Service HQ is now up and running to save on costs. On Wednesday 14th September The House of Lords will be debating whether to merge the two agencies - Hardyal may not agree with this debate but would like to see the agencies work more closely together and have a better complaints procedure.

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Hardyal also wants to free up more officers by ensuring they have the most up to date technology:- by November 2016-January 2017 all officers should be using mobile iPads so that they can look up information etc. whilst out on patrol.

Derbyshire Alert:

The messaging alert scheme was due to be finished but the decision has been made to keep the service running. A new system has been established and all participants on the old system need to re-register themselves at: <https://www.derbyshirealert.co.uk>

The scheme is also working much closer with Neighbourhood Watch.

Listening to You!

Aim: To improve the policing and victims' service that we offer to people in Derbyshire
New consultation programme launched
Your opportunity to give me your views
Questionnaire available to complete online
<http://www.derbyshirepcc.gov.uk/ListeningToYou>

Hardyal has already started his pledge to visit every town & village in Derbyshire this is known as #D383 as there are 383 in total. Photographic evidence will be taken of every visit and this will be found on the Police & Crime Commissioner Twitter account.

Restorative Justice:

The Restorative Justice contract was awarded April 2015 (3 year contract) by former PCC Alan Charles - The charity 'Remedi' provide this service.

Each referral to the service will be assessed professionally to ensure that both the victim and perpetrator are suitable to go ahead with the procedure. Some victims and perpetrators find the scheme very rewarding and it can give them closure.

Victims can obtain referral through the Police, Youth Justice Service or by self-referral.

**CAN YOU HELP ME GET SOME FUNDING FOR OUR STROKE CLUB?
IF SO CAN YOU GO ON THE INTERNET AND COPY THE FOLLOWING ADDRESS .**

www.phca1969.org.uk and follow the link

You will be asked to put in your date of birth, then click continue and vote

**IT SHOULD TAKE YOU TO THE GALAXY HOT CHOCOLATE FUND
YOU WILL HAVE TO ENTER YOUR DATE OF BIRTH
THEN CLICK ON THE VOTE BUTTON**

CAN YOU DO IT IN THE WEEK BEGINNING 28TH NOVEMBER THANK YOU IAN

**IF YOU WOULD LIKE TO ENTER YOUR GROUP FOR FUNDING GO TO THE
GALAXYHOTCHOCOLATE.COM WEBSITE.**

EREWASH CVS ADVERT



**Erewash Volunteer
Centre
Granville Avenue, Long
Eaton, NG10 4HD**

(Fully Accessible building)

Wednesday 14th December 2016

MUSIC BY JOHNNY VICTORY

PERFORMING CHRISTMAS CAROLS

AND SONGS

1.30 PM - 3.30 PM

£5 each - includes tea/coffee and cakes/biscuits

Tickets must be purchased in advance

Tel: 0115 9466740

TIME

SWAP



SWAP TIME

NOT MONEY

Can you give an hour of your time to help someone to receive an hour of someone else's time in exchange

Gardening - Shopping - Computer Skills

Music lessons - lifts - Decorating

Visiting People - Community Projects

Sewing 7 many more skills

To find out more:

Telephone 01629 632049

Or

Email timeswap@derbyshire.gov.uk

You can join the scheme at:-

www.derbyshire.gov.uk/timeswap

Timebanking is a scheme that allows residents in a community to share their time, skills and talents for time. Whatever the activity, one hour = one hour. For every hour you earn by helping someone in the community you have an hour to spend on something you would like help with or just simply something you like doing. The activity can be anything from gardening, crafts, dog walking, music lessons, computer support, DIY, having a cup of tea with someone etc.

To be part of the scheme you have to become a member, this involves completing a membership form, providing two character references, providing photographic ID and proof of address and finally signing our Time Swap handbook, this induction process is done in person. Once a member you will receive a free hour to start you off. All exchanges must be organised through Jo Perkins, the Erewash Time Swap Project Officer. This ensures that the exchange is covered by our insurance and that we are confident that everyone is happy and safe in the exchange. It maybe that some members are only happy to do exchanges in group settings or that some members need a parent, carer or support worker with them. We are holding regular time swap get togethers to give members a chance to all meet each other and for people to come along and find out more. Our next session will be held at Long Eaton Library on the 8th December 1-2pm. Please come along to find out more.

You can also look at

www.derbyshire.gov.uk/timeswap . We are also members of the national organisation Timebanking UK. Their website is also a good source of information

<http://www.timebanking.org/>

Timebanking has been in the UK since the late 1990's and there are around 350 timebanks across the country. They show great results in improving the health and wellbeing of people in the community.

Everyone has something they can share even if it is giving someone a call or having a cup of tea and a chat. We will have a time donation pot so those who really feel like they can't contribute can still benefit from getting a bit of help from their community.

CHARITY ADS.

PARKLANDS STROKE CLUB

HAVE YOU OR SOMEBODY YOU KNOW HAD A STROKE

Why not come along to Parklands Stroke club.
We meet every second Friday, starting on the 7th
of November, from 2:00 PM to 4:00 PM
Where? At Petersham Hall

Contact:- Pat on 0115 972 2389

LONG EATON AND DISTRICT INVALID CLUB

Meets every second Tuesday of the month at
Sawley Memorial Hall.

Come along and join us
They run 3 coach trips per year
Pick up points are too numerous to mention but
there will be one near you,

The Erewash RAFA (884) Branch Welfare
'Drop-In' Centre,
is now open at 91, Grasmere Rd, Long Eaton,
next to the Petersham Hall Social Centre, for all
people to join, regardless of military service. The
Trentbarton Indigo bus service from Nottingham,
via Long Eaton, to Briar Gate, stops outside the
premises every 20 minutes. For Sat Nav code:
NG10 4DZ.
There is plenty of parking in the area next to the
Co-op shop.



LONG EATON INDIAN ASSOCIATION

Meets every Monday (except bank holidays) from
12:00 until 3:00 PM
United Reformed Church, the Green, Long Eaton
Chair based exercise and social
£12.00 per quarter
All welcome

LONG EATON ALL MEDIA AND ARTS GROUP

Meets every Thursday evening from 7.00 PM
until 9:00 PM at Petersham Hall
Contact Loraine on 0115 972 6132
All Welcome

PETERSHAM HALL

The fully refurbished hall is now running the
following clubs or meetings

Flower Arranging Monday Evening (Seasonal)
EMH Tuesday Club Tuesday Afternoon
Bingo Tuesday Evening
Social Line Dancing Wednesday Afternoon
Serious Line Dancing Wednesday Evening
Social Thursday afternoon
Art Club Thursday Evening
Stroke Cub Friday Afternoon
Private Function Friday Evening
For more information on these events
www.phca1969.org.uk
or phone Ian on 0115 972 6057

The Association is also arranging for a Tinsel &
Turkey holiday starting 13TH November 2017
5 days at the Royal Bath Hotel, Bournemouth
Cost £249.00
Door to Door Holiday
Twin and Doubles available

EREWASH VOLUNTARY SECTOR FORUM

Do you help run a voluntary group.
The why not come along to the Voluntary Forum and meet other like minded people to exchange ideas
and help strengthen the voluntary sector.
Next meeting is on 9TH February from 9:30 - 12:30 ,At the Erewash CVS centre in Granville Avenue.
Just up the road from the Sportsman on Derby Road. Or contact Ctriona or Stella on 0115 946 6740

JULY SEASIDE TRIP

LLANDUDNO
DATE 6TH JULY
PRICE £15.00

Llandudno's immaculate seafront, gracefully framed by two headlands, is a seaside classic. It's a proper resort, with a pier, Punch and Judy and Donkey Man and even Alice in Wonderland. Llandudno also has some classy neighbours – world class, even. Conwy is a World Heritage town.

Its brooding medieval castle is a stern guardian, along with a string of well-preserved walls that wrap themselves around narrow streets stuffed with historic buildings.

We have amazing Blue Flag beaches (including the excellent Colwyn Bay beach and Llandudno beach), the great orme, the Llandudno pier, the Llandudno cable cars, a fascinating conservation zoo, mighty big mountains and green valleys, some amazing restaurants, pubs.

PHOTOS OF BURY TRIP
From Pete Wearn, David Farley & David Pinney



Pictures of Llandudno



TRAVEL CLUB NEWS

CONTACT INFORMATION

Phone :- 0115 972 6057

Email trips@ianconsult.co.uk

Post: 50 Plus

10 Pennine Close

Long Eaton

NG10 4JT

APRIL CULTURE TRIP TEWKESBURY

Date 27TH APRIL

Price £15.00

Tickets available at the March meeting
TEWKESBURY



With a rich, vibrant history and a beautiful waterside setting, there is plenty for everyone to discover in Tewkesbury.

You can take in the stunning scenery by taking a stroll beside the River Sever, or a boat trip along the Avon.

Then head to Tewkesbury Abbey; an imposing feature of the town's landscape for nearly 900 years. Renowned the world over for its fine Norman tower, ornate 12TH Century ceiling and stunning stained glass windows, the Abbey is one of Gloucestershire's most popular tourist attractions, second only to Gloucester Cathedral. The Abbey is just the start of your insight into Tewkesbury's history which you can explore further through the town's museums, Heritage Centre, walking trails and other attractions.

FORUM TOURS PLANNED TRIPS

Firstly the committee has imposed some rules on the trips mainly due to the losses sustained recently.

Rule 1. The facility to pay on the day has been withdrawn

Rule 2. Coaches can only be booked for those who have paid

Rule 3. There will be no refunds.

Photos taken on trips maybe used in the Newsletter or Website. If you do not want your photo included please advise the photographer.

FORUM CULTURE TOUR

DATE 27TH APRIL 2017

Tewkesbury

Cost £15.00

FORUM SEASIDE TOUR

DATE 6TH JULY 2017

Llandudno

Cost £15.00

FORUM STEAM TRAIN TOUR

DATE 20TH SEPTEMBER 2017

Nene Valley Railway from Wansford to Peterborough Provisional cost £21.00

There will be the usual 4 pick up points
Petersham Hall
ASDA bus stop in Trent Street
Long Eaton Railway Station
West Park.

Payment and booking for the first two trips will be at the Open Forum meeting in March. Or at Petersham Hall on a Wednesday afternoon
Reservations can be made at the December meeting.

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TABLET SESSIONS

These are held at the Community House on Derby Road on Monday afternoons from 1PM to 3PM

For Details Contact Pete Wearn at :-

petewearn@hotmail.com



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Your Views

In future editions we propose to have a letters page so send you views to 50plus@ianconsult.co.uk
or
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