

# LONG EATON 50 PLUS FORUM NEWSLETTER AUTUMN ISSUE 2017

Editor Ian Neill

Report on our September 2017 Open Forum Meeting held at 10:15 am on September 11<sup>th</sup> at the Long Eaton Town Hall



Website [www.lead50plus.com](http://www.lead50plus.com)



## CHAIR'S REPORT

First apologies to those in the gallery who could not read the notices displayed on the front screens at our September Open Forum. We will enlarge the text next time!

Our computer sessions overseen by Vice-Chair, Roy Smith, continue to thrive with expert help from a small army of able volunteers. This very special provision is a fantastic service to our members.

The Toton Sidings Remembered project is going well. The exhibition of information panels and memory displays has moved to Long Eaton Library until December 11<sup>th</sup>. We are very grateful for their generous hosting and for the use of the venue for two enjoyable Open Days in October. I hope many of you have been able to pop in to view the exhibition. There is more at [www.lead50plus.com/toton](http://www.lead50plus.com/toton) on our website. Next year the exhibition is moving to Sandiacre Library with an Open day from 10 – 3 on Sat Jan 27<sup>th</sup> 2018. We shall have to cull the items a bit as there is less space available in there.

We are using Petersham Hall for a Toton Sidings family event on Saturday November 25<sup>th</sup> from 11 to 3 with layouts, displays and heritage puzzles on offer (plus refreshments of course!) Schools in the local area have been invited to get involved and we'll keep you informed about that aspect.

Finally, a big thank you to members who continue to make valuable contributions to our Food Bank Box at the Open Forum Meetings.

See you on December 11<sup>th</sup> at our next Open Forum when we will again be offering a Christmas Hamper!

## NEXT MEETING

December 11<sup>TH</sup> 2017

10:15 TO 12:00 Noon  
TOWN HALL LONG EATON

Speakers **Richard Murrell South Derbyshire**  
**CVS**  
**EMAS**

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**FOOD BANK BOX WILL BE AVAILABLE**

Raffle made £63.01 Thanks to those who ran it and all those who contributed, both financially and prizes.

**THE VIEWS EXPRESSED IN THE  
NEWSLETTER ARE THOSE OF THE  
CONTRIBUTORS AND DO NOT  
NECESSARILY REFLECT THE VIEWS OF  
THE FORUM**

### Guest Speaker:

Mark Atherton – Trading Standards Officer/Inspector of Weights and Measures, Trusted Trader Team, DCC Trading Standards Division Trusted Traders: Derbyshire Trusted Trader was set up in November 2008 to; Help local people find traders and businesses who agree to do a good job at a fair price and commit to providing good customer service, Protect older and vulnerable adults by making it easier for them to use Trusted Traders rather than rogue traders who typically cold-call and use high pressure sales techniques, and Support good local businesses.

It was developed in partnership with other departments such as Adult Social Services,

Community Safety, public relations and our contact centre - Call Derbyshire.

There are now over 1200 businesses on the Trusted Trader register.

What checks do we carry out on Trusted Trader applications?

Trusted Trader is not the kind of scheme where applicants pay their fee and are automatically allowed to join. When a business applies our trading standards staff carry out the following checks:

We confirm the business is based in Derbyshire (or does more than 50% of its work in the county).

We make sure the business deals with customers who are ordinary members of the public.

Businesses who trade exclusively with other businesses are not eligible to join.

We check the business has been trading for a minimum of six months or has a trading history with a previous business that we can verify.

We check previous history to see if there have been any trading standards complaints about the business in the past two years. Any complaints are carefully assessed to see whether the applicant is suitable to join.

We check the name, home address and date of birth of all of the people involved in running the business.

If the applicant is a sole trader or in a business partnership we check the people involved live at the addresses they've given us.

If the applicant is a limited company we check the information they've given us matches the records kept by Companies House.

If the business claims to hold any professional registrations or memberships such as the Federation of Master Builders or FENSA we check with the relevant organisation to make sure the registrations are current and the claims are factually correct.

If the business claims to carry out gas or electrical work we check they have the required legal accreditations (Gas Safe and Part P of the Building Regulations).

We make sure the business has current public liability insurance.

We make sure the business disposes of waste appropriately.

We require the business to disclose any civil court judgments (CCJs) and previous convictions. They must also tell us about current legal proceedings which may be underway.

We check the County Court Judgements registry to make sure anyone involved in the business has not been sued and then failed to pay the amount awarded against them.

If the applicant has a website we check it complies with legal requirements and doesn't make any misleading claims about the business.

Finally, all applicants must agree to abide by our Code of Practice and accept responsibility for any sub-contractors that they use.

### **RAFFLE PRIZES NEEDED**

**IF YOU HAVE ANY SUITABLE PRIZE FOR OUR RAFFLE PLEASE BRING IT ALONG TO THE NEXT MEETING**

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As a general rule we find that only good businesses apply to become Trusted Traders. Even so, around 10% of applicants have been refused membership because they've failed one or more of our checks.

These checks are not just a one-off; most of them are repeated annually and we continually monitor customer complaints and feedback to try to make sure.

### Scams Awareness:

Derbyshire Scamwatch is a project funded by the Police and Crime Commissioner for Derbyshire. The aim is to raise awareness, particularly amongst older residents, of the potential harmful effects of mass-marketing, Internet, doorstep and telephone scams and to provide one to one advice and support where potential scam/fraud victims are identified. If you are worried you are being scammed tell a trusted friend, relative or neighbour.

Reporting scams and getting advice:

Get advice from Citizens Advice Consumer Service – Telephone:

03454 04 05 06 or visit: [www.adviceguide.org.uk](http://www.adviceguide.org.uk)

Report scams and suspected scams to Action Fraud or Telephone:

0300 123 2040.

Send potential postal scams with a covering letter to Royal Mail at FREEPOST Scam Mail or email: [scam.mail@royalmail.com](mailto:scam.mail@royalmail.com) or Telephone 03456 113 413.

Report unsolicited marketing calls to the Information Commissioner's Office or Telephone 0303 123 1113.

Register phone numbers with the Telephone Preference Service online or Telephone 0845 070 0707.

The Mailing Preference Service (MPS) is free and can help reduce unsolicited mail by calling 0845 703 4599.

Contact the Age UK Derby and Derbyshire Information and Advice Line on Telephone 01773 768240.

Age UK also have a downloadable guide on recognising and dealing with all kinds of scams. IF IN DOUBT – KEEP THEM OUT

The Handyman service representative could not make the meeting so Mark gave this information.

### Handy Van Service Information:

Operated on Behalf of Derbyshire County Council by Metropolitan Housing trust.

The service is a successful partnership between DCC Adult Care Department, Derbyshire Fire and Rescue Service and Derbyshire Community Safety.

Derbyshire Handy Van service is helping to make it safer for older and vulnerable people to live in their own homes. It provides practical support to help older and vulnerable people to live independently in their own homes. They receive regular feedback from clients and client's families saying just how invaluable the service is in helping people remain independent in their own homes. The operatives are knowledgeable and helpful and even when they are unable to assist have had feedback saying that their advice has been positive.

You can phone and ask for a free visit to your home by the service for the following:

- home fire safety checks
  - smoke alarms provision and installation
  - energy efficiency advice
  - falls prevention advice
  - installation of key safes – clients can buy their own but we do supply and fit police accredited C5 Supra key safes for a payment of £56.60
  - practical DIY tasks, for example:
    - changing light bulbs – client would need to provide the light bulbs
    - securing carpets and rugs
    - removing and hanging curtains
    - path and door access clearance – please note that we don't provide a gardening service.
- Other tasks, as appropriate.

The service also installs community alarms and Telecare.

For more information about Telecare and community alarms, please contact Call Derbyshire on: 01629 533190.

The service will also, with your permission, make referrals to partners for additional services that may help you to live independently. We will

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always make sure that if we can help or offer assistance from our partners, we will do so as long as we have the client's permission to do so.

Handy Van Operatives have also received training in how to look out for people who may be vulnerable to Scams whilst visiting their homes.

Who it's available to and how to access it?

The service is available to people aged 60 and over or if you are referred by our adult care department, Derbyshire Fire and Rescue Service, your district or borough council, Derbyshire Police or a health professional.

Each eligible household can access this free service twice a year.

Please note, some materials may need to be purchased by the occupier – for example, brackets for shelves, curtain poles, mirror hooks all need to be provided but the administration team will discuss this with you when you call to book a visit.

The service is available Monday to Friday from 9am to 5pm. This service doesn't offer an emergency service for plumbing or electrical problems and is unable to do same day call outs. For more information or to arrange for a visit, please call the Handy Van

Tel: 0203 535 4999. Calls are charged at a local rate.

If we can't help, then we have a list of Trusted Traders who may provide the service that you need.

Charge for the Handy Van Service:

There is no charge for a Handy Van Service visit. If you are a Derbyshire resident who is aged 60 or over or are referred into the service then the service is free to access up to twice in a rolling 12 month period.

However, you'll need to purchase any materials required for any small repairs or DIY tasks and key safes.

Tasks Handy Van can help with:

If you're not sure if the Handy Van can help with a particular task, Tel: 0203 535 4999 and they'll be able to advise you of the help that they can provide.

Help maintaining my garden or with decorating: Unfortunately, the Handy Van Service does not provide help with garden maintenance or decorating. You will find lists on our Trusted Trader pages of those who provide these services. If a client does not have access to the Internet, they can ring 0203 535 4999 and our team will be happy to find a trusted trader in your area.

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  - energy efficiency advice
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### ADVERT

#### Silver Line Friends

If you would like more regular contact and to build new friendships, our volunteer Silver Line

Friends can arrange to call, e-mail, or write to you on a regular basis. So you can talk to the same person - you get to know them, and they get to know you.

You can even join a Silver Circle where you can

take part in a regular group call on subjects that interest you.

Calls are free

**0800 4 70 80 90**

or from a mobile at local rate

**0300 4 70 80 90**

[www.thesilverline.org.uk](http://www.thesilverline.org.uk)

**TIME  
SWAP**



SWAP TIME  
NOT MONEY

Can you give an hour of your time to help someone to receive an hour of someone else's time in exchange

Gardening - Shopping - Computer Skills  
Music lessons - lifts - Decorating  
Visiting People - Community Projects  
Sewing 7 many more skills

To find out more:

Telephone 01629 532049

Or

Email [timeswap@derbyshire.gov.uk](mailto:timeswap@derbyshire.gov.uk)

You can join the scheme at:-

[www.derbyshire.gov.uk/timeswap](http://www.derbyshire.gov.uk/timeswap)

### TOTON SIDINGS REMEMBERED



Joe Hallam Toton Guard

Working items used by guard Joe Hallam who worked from Toton Sidings in the 1920's

Joe is the figure on the left in the old photo. It also shows an outside framed 0-6-0 locomotive

Kindly lent by Rotarian Geoff Birkin

### PETERSHAM HALL

Every alternate Thursday a social afternoon starting at 2:00 PM till 4:00 PM.

Come along and play games of cards dominos or do your own thing for the first hour then enjoy tea or coffee and a biscuit. Finally play a game of bingo.

Membership is £3.50 per year with an admin charge of 50 p for the first year

Entry is free, we just ask you to bring a small raffle prize.

Dates 30<sup>TH</sup> November, December 14<sup>TH</sup> ,  
January 25<sup>TH</sup> ,

### CHARITY ADS.

#### **PARKLANDS STROKE CLUB**

##### **HAVE YOU OR SOMEBODY YOU KNOW HAD A STROKE**

Why not come along to Parklands Stroke club.  
We meet every second Friday, starting on the 7<sup>th</sup>  
of November, from 2:00 PM to 4:00 PM  
Where? At Petersham Hall

Contact:- Pat on 0115 972 2389

#### **LONG EATON AND DISTRICT INVALID CLUB**

Meets every second Tuesday of the month at  
Sawley Memorial Hall.

Come along and join us  
We run 3 coach trips per year  
Pick up points are too numerous to mention but  
there will be one near you,

The Erewash RAFA (884) Branch Welfare  
'Drop-In' Centre,  
is now open at 91, Grasmere Rd, Long Eaton,  
next to the Petersham Hall Social Centre, for all  
people to join, regardless of military service. The  
Trentbarton Indigo bus service from Nottingham,  
via Long Eaton, to Briar Gate, stops outside the  
premises every 20 minutes. For Sat Nav code:  
NG10 4DZ.  
There is plenty of parking in the area next to the  
Co-op shop.



**FREE SECOND HAND  
BATH CHAIR LIFT.**

**MUST COLLECT**

**Picture not the one  
available  
Contact  
stroke@phca1969.org.uk**

#### **LONG EATON INDIAN ASSOCIATION**

Meets every Monday (except bank holidays) from  
12:00 until 3:00 PM  
United Reformed Church, the Green, Long Eaton  
Chair based exercise and social  
£12.00 per quarter  
All welcome

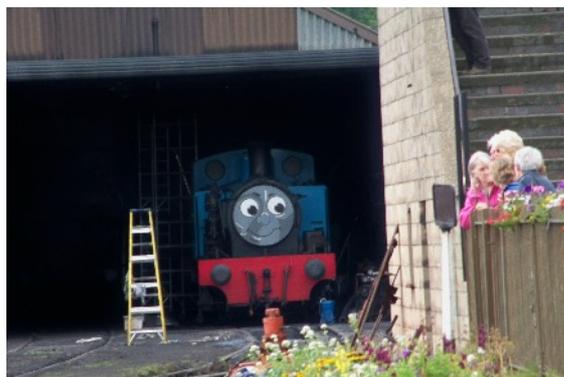
#### **LONG EATON ALL MEDIA AND ARTS GROUP**

Meets every Thursday evening from 7.00 PM  
until 9:00 PM at Petersham Hall  
Contact Loraine on 0115 972 6132  
All Welcome

#### **PETERSHAM HALL**

The fully refurbished hall is now running the  
following clubs or meetings

Flower Arranging Monday Evening  
EMH Tuesday Club Tuesday Afternoon  
Bingo Tuesday Evening  
Social Line Dancing Wednesday Afternoon  
Serious Line Dancing Wednesday Evening  
Social Thursday afternoon  
Art Club Thursday Evening  
Stroke Cub Friday Afternoon  
Private Function Friday Evening  
For more information on these events  
[www.phca1969.org.uk](http://www.phca1969.org.uk)  
or phone Ian on 0115 972 6057



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### TRAVEL CLUB NEWS

#### September Train TRIP Nene Valley Railway

Pauline and Gordon, pose by the tank engine at Wansford Station. Pauline rarely misses either Open Forums or coach trips. (photo by Pete Wearn)



Wansford Belles! There were plenty of places to rest and relax at Wansford and other stations on the line offered country walks. (photo by Pete Wearn)



Our train was made up of old coaching stock. The railway had reserved a coach for the use of the Long Eaton 50plus forum (photo by David Pinney)

#### CONTACT INFORMATION

Phone :- 0115 972 6057

Email [trips@ianconsult.co.uk](mailto:trips@ianconsult.co.uk)

Post: 50 Plus

10 Pennine Close

Long Eaton

NG10 4JT

#### FORUM TOURS PLANNED TRIPS

##### FORUM HERITAGE TOUR

DATE 12<sup>TH</sup> APRIL 2018

ANDERTON BOAT LIFT AND CANAL  
CRUISE

Cost £22

Limited numbers one coach only

##### “SEASIDE” TRIP

DATE 18<sup>TH</sup> JULY

HULL CITY OF CULTURE

Cost £15

DATE 27<sup>TH</sup> SEPTEMBER

Duxford Air Museum

Cost £25

There will be the usual 4 pick up points  
Petersham Hall  
ASDA bus stop in Trent Street  
Long Eaton Railway Station  
West Park.



This Swedish locomotive was kept in working order by the Swedish government in the 60's and 70's as backup in case of nuclear attack! (photo by David Farley)

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### TABLET SESSIONS

These are held at the Community House on Derby Road on Monday afternoons

For Details Contact Pete Wearn at :-

[petewearn@hotmail.com](mailto:petewearn@hotmail.com)



**New to Computing?  
Experienced but with questions?  
FREE – No – FEE  
LONG EATON 50 plus FORUM  
COMPUTER GROUP**  
Offers a free drop in consultation  
**MONDAY AFTERNOONS** during term time  
**1 PM TO 3 PM**  
**AT COMMUNITY HOUSE**  
**173 DERBY ROAD**  
**LONG EATON**  
**NOTTINGHAM**  
**NG10 4LL**  
Tel. 0115 973 2827  
**ALL ABILITIES WELCOME**  
**AN OPPORTUNITY TO LEARN AND**  
**IMPROVE OR SHARE**  
**COMPUTER SKILLS**



**Pictures of LLandudno**

### Your Views

In future editions we propose to have a letters page so send you views to [50plus@ianconsult.co.uk](mailto:50plus@ianconsult.co.uk)

or

LEAD 50plus  
C/O 10 Pennine Close  
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NG10 4JT