

Speaking up for our age!

Are you concerned about your quality of life, your community, your living environment?

How can you influence what is going on around you?

Do you find it difficult to get the information you need?

What issues and ideas do you have that you would like to be heard?

Your local 50+ forum could be the answer! 50+ forums are about:

- creating a powerful voice for people 50 & over
- being involved
- taking action
- influencing services
- enhancing your life and the lives of others

What's in it for you?

- Information
- Choice
- Opportunity
- Fun
- Friendship

The forums are independent and they are run by local people for local people. It works to influence policy makers and engage with agencies and organisations that provide services for the 50+ community.

There are now a number of forums throughout the county and together with the Derbyshire Older People's Advisory Group, they make up the Derbyshire 50+ Forum Network.

Practical support is given by Derbyshire County Council through its Wellbeing Team. Administrative, technical and financial support are provided.

Our strength lies in numbers. So your voice really does count.

We believe that together we will be heard and that there should be:

“Nothing about us, without us!”

To receive information about your local 50+ forum, please complete the attached form and pop it in the post or contact the **Wellbeing Team**, at Derbyshire County Council.

 **Call Derbyshire - 08456 058 058**

I'd like to join my
local 50+forum...



My name Miss/Mrs/Mr _____

My address _____

Post code _____

Telephone _____

E-mail _____

Please note: Data Protection Act

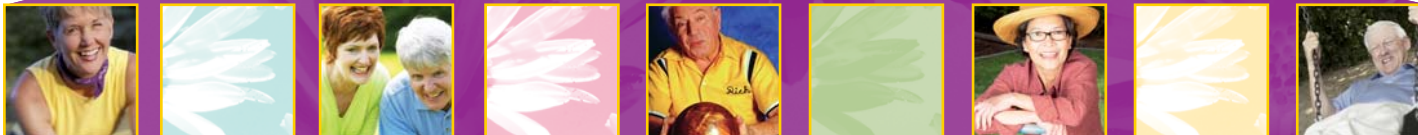
To enable the Wellbeing Team at Derbyshire County Council and your local forum to keep you informed about the work of the Derbyshire 50+ Forum Network we will, with your permission, keep your contact details on a database. We undertake to safeguard your information and will only use it for Derbyshire 50+ Forum Network business.

Please inform us of any changes to your contact details and if at any time you wish to stop receiving information, let us know and we will remove your name from the database.

I consent to my details being held on the
50+ Forum Network database.

Signed _____

Date _____



Tear off



Please return the completed form in a stamped addressed envelope to:

Long Eaton and District 50+ Forum
c/o Wellbeing Team
Adult Care
Derbyshire County Council
Matlock
Derbyshire
DE4 3AG

The Forum is independent and is run by local people for local people



DERBYSHIRE
County Council
Improving life for local people

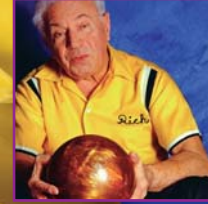
Supported by

50
no limits
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Derbyshire's 50+ Forum Network

50+ | Long Eaton Forum & District

Giving Derbyshire's
50+ community a
powerful voice to
achieve change
and enhance lives



Speak up,
speak out,
influence,
take action,
have fun...